



## Elena Tubertini

**Date of birth:** 24/03/1997 | **Nationality:** Italian | **Phone number:**

(+39) 3294776642 (Mobile) | **Email address:** [elena.tubertini@phd.unipd.it](mailto:elena.tubertini@phd.unipd.it) |

**Website:** <https://www.ordinepsicologier.it/it/albo/10991a-elena-tubertini> |

**LinkedIn:** <https://www.linkedin.com/in/elena-tubertini/> |

**Address:** Via Taddeo Alderotti, 2, 40133, Bologna, Italy (Home)

### ● ABOUT ME

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Licensed Psychologist listed in section "A" of the Italian Register (Ordine Psicologi Emilia-Romagna) n. 10991

### ● WORK EXPERIENCE

01/10/2022 – CURRENT Padova, Italy

**PHD IN PSYCHOLOGICAL SCIENCES - FULLY FUNDED POSITION** UNIVERSITÀ DEGLI STUDI DI PADOVA

Project: "Community as a shelter and safety net: the well-being of LGBTQIA+ housing users in Italy"

- Systematic review of international evidence on services, interventions, and policies aiming at homeless LGBTQIA+ people residential autonomy
- Qualitative study on Italian LGBTQIA+ shelter staff's views on practices, intervention models and efficacy
- Mixed-methods study on LGBTQIA+ housing users' perception of service effectiveness and well-being. In collaboration with ILGA EUROPE and QUORE APS under the call "Addressing LGBTI homelessness in the EU"
- Aim: Outline operational models matching users' needs, to empower the person within the service.

Experience of both lone working and teamwork;

Knowledge of the causes and effects of homelessness, particularly in relation to LGBTQ+ people

Excellent recording and reporting skills

Written and verbal communication with vulnerable people and social care workers

01/03/2023 – CURRENT Padova, Italy

**PSYCHOLOGIST** CENTRO ANTIDISCRIMINAZIONI LGBT+ "MARIASILVIA SPOLATO"

1. Trainings for social care workers on LGBTQIA+ discrimination
2. Participation in team meetings
3. Organisation of Photovoice projects for community empowerment; curator of the exhibition "In-Visible: we are there, do you see us?". 12-24 May 2023 (Palazzo Moroni, Padua City Council) and 23 October-23 December 2023 (CSV Padua)
4. Personalised support counselling aimed at the psychological well-being of LGBTQIA+ victims of discrimination, help with providing responsive and individualized casework, supporting them to access legal support and safe accommodation
5. Develop links with relevant external agencies
6. Scientific and technical advice/counselling for the design of the new shelter for LGBTQ+ people in Padua.

Knowledge of pathways into social support for LGBTQ+ people and LGBTQ asylum-seekers

Experience of both lone working and teamwork.

Recording and reporting skills; written and verbal communication with vulnerable people

**Website** <https://www.centrospolato.it/>

02/05/2022 – 04/11/2022 Bologna, Italy

**PSYCHOLOGY TRAINEE A. LOFORTE STUDIO DI PSICOTERAPIA; ARCIGAY BOLOGNA SPAZIO CASSERO LGBTI+ ANTI-DISCRIMINATION CENTER**

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- Discussion of clinical cases; study of psychotherapy for LGBTQ+ people and couples; workshops on emotions and relationships;
- Co-managing of the LGBTQ+ anti-discrimination desk (UNAR - CoBo) in collaboration with the psychological team of Cassero Arcigay Bologna.
- Help providing responsive and individualized casework for LGBTQ+ people, supporting them in accessing psychological help, legal support, and safe housing
- Referral of LGBTQ+ people in housing insecurity to facilities, cooperatives and housing projects in the area, actively involving and engaging the person in the services and activities. Provide advice and advocacy support
- Develop links with relevant outside agencies

Knowledge of common issues within supported and shared accommodation

Knowledge of pathways into social support for LGBTQ+ people.

Experience of both lone working and teamwork.

Ability to manage complex needs, report incidents alerts and maintain casework across multiple users at the same time.

Recording and reporting skills; written and verbal communication with vulnerable people who may have experienced trauma.

**Website** <https://www.cassero.it/spazio-lgbti-cassero/>

19/12/2021 – CURRENT Bologna, Italy

**MENTAL HEALTH COMMUNITY SOCIAL WORKER CENTRO RISORSE LGBTI (ILGA EU ASSOCIATE)**

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- Training school staff on LGBTQIA+ issues, inclusion, violence and bullying ("School's OUT" project EU - ILGA; "La Nostra Scuola è differente" project, Regione Emilia-Romagna);
- Planning activities and events for community outreach;
- Administration of questionnaires and focus groups for assessing school climate and student's well-being
- Collaboration for the event-conference "Violence in LGBTQI+same gender relations", within the framework of the Festival "La Violenza Illustrata" of the Casa delle Donne per non subire Violenza in Bologna.
- Mapping, networking and supporting realities (CAV-CAD) dealing with same-gender violence in Emilia-Romagna (Project with municipal and regional funds)

07/11/2021 – 30/04/2022 Padova, Italy

**MENTAL HEALTH SOCIAL CARE WORKER CONTATTO GIOVANI - CONSULTORIO ADOLESCENTI (ULSS 6 EUGANEA)**

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- Management of reception and intake interviews
- Management of clinical records
- Sexual and emotional education in high schools
- Participation in multidisciplinary supervision teams

Ability to manage challenging behaviour and complex needs, report incidents and alerts

Ability to prioritise and maintain casework across multiple service users at the same time

Recording and reporting skills; written and verbal communication with vulnerable people

19/09/2020 – 29/09/2021 Padova, Italy

**COMMUNITY OUTREACH WORKER ARCIGAY TRALALTRO PADOVA APS**

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- Modules on sex education, gender-based stereotypes, bullying and homo-bi-transphobia in high schools
- Counselling and support workshops for LGBTQI+ people and families
- Sexual health promotion, prevention of risky sexual behaviours (chemsex, misuse of PrEP, STIs)

31/10/2019 – 14/02/2022 Padova, Italy

**STUDENTS ASSISTANT MENTOR UP, UNIVERSITÀ DI PADOVA AND OIM (MENTORSHIP PROJECT)**

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- Mentoring a child at risk; supervision with school and family difficulties
- Support during COVID-19
- Collaboration with school psychologists and teachers

- Coordination of a team of 7 mentors; design of activities for the inclusion of international students in Padova
- Help with bureaucratic and administrative procedures
- Drafting of project reports
- Participation in international webinars (Assembly of European Regions) to for enhancing migrants' active participation in the community.

24/01/2019 – 22/08/2019 Cesena, Italy

**UNIVERSITY RESEARCH ASSISTANT** UNIVERSITÀ DI BOLOGNA; EUROPEAN UNIVERSITY INSTITUTE

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- Questionnaire delivery
- Practical aspects of the research (registering participants; setting up PCs; translating and explaining the experimental procedure)
- Tests administration to preschool children (math skills and numeracy with BIN, BAS, ANS, visuo spatial abilities, linguistic abilities)
- Data analysis (scoring, SPSS) and specific software/programs (Python, Panamath)

## ● EDUCATION AND TRAINING

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01/10/2022 – CURRENT Padova, Italy

**PHD IN PSYCHOLOGICAL SCIENCES** Università degli Studi di Padova

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**Website** <http://dottorato.psy.unipd.it/en>

17/03/2022 – 17/06/2022 Milan, Italy

**STRUMENTI DI PREVENZIONE E CONTRASTO DELLA VIOLENZA DI GENERE - FULLY FUNDED SCHOLARSHIP** Università di Milano

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30/09/2019 – 10/10/2021

**COMMUNITY PSYCHOLOGY, WELL-BEING AND SOCIAL CHANGE PROMOTION - MASTER'S DEGREE** Università di Padova

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**Final grade** 110 cum laude |

**Thesis** Italian facilities for LGBTQI+ people experiencing homelessness or marginalization

24/09/2016 – 17/07/2019 Cesena, Italy

**PSYCHOLOGICAL SCIENCES AND TECHNIQUES - BACHELOR'S DEGREE** Università di Bologna

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**Final grade** 110 cum laude |

**Thesis** Children's gender development and stereotype reduction interventions: towards a gender-neutral educational approach in Sweden

29/09/2023 – 18/10/2023

**THE CLINICAL WORK OF ANTI-VIOLENCE CENTRES ON TRAUMA WITH VICTIMS OF GENDER-BASED VIOLENCE** Spazi Iris

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**Website** [www.spazioiris.it](http://www.spazioiris.it)

## ● PUBLICATIONS

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2023

**[Recovery homes for LGBTQ+ Homeless and Runaway People in Italy: the Voice of Professionals.](#)**

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Tubertini, E., Carbone, A., & Santinello, M. (2023). Staff Members' Experience of Italian Shelters for LGBTQIA+ Homeless and Runaway People: An Exploratory Study. *International Journal of Environmental Research and Public Health*, 20(13), 6214. <https://doi.org/10.3390/ijerph20136214>

## ● CONFERENCES AND SEMINARS

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21/06/2022 – 25/06/2022 Lisbon, Portugal

### **3rd International Conference on LGBT+ Psychology and Related Fields**

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Tubertini, E.; Carbone, A.; Santinello, M. (2022). Recovery homes for LGBTQ+ Homeless and Runaway People in Italy: The Voice of Professionals. (Conference Poster Presentation). 3rd edition of the International Conference on LGBT+ Psychology and Related Fields, Lisbon, Portugal.

Link <https://lgbtpsychology2020.com/index.php/abstracts/book-of-abstracts>

20/06/2023 – 24/06/2023 Atlanta, Georgia (USA)

### **19th Biennial Conference of the Society for Community Research and Action. Where Do We Go From Here? Dreaming New Community Futures**

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Tubertini, E.; Gaboardi, M.; Lenzi, M. (2023). Well-being of LGBTQ+ Homeless and Runaway People: A Systematic Review. (Conference Oral Presentation). 19th Biennial Conference of the Society for Community Research and Action, Atlanta, Georgia.

Link <https://www.scra27.org/event/biennial-conference/2023-biennial/>

21/09/2022 – 24/09/2022 Naples, Italy

### **9th International Conference on Community Psychology - Community Regeneration. Bonds and bridges among people and environments**

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Tubertini, E.; Carbone, A.; Santinello, M. (2022). Recovery homes for LGBTQ+ Homeless and Runaway People in Italy: The Voice of Professionals. (Conference Oral Presentation). 9th International Conference on Community Psychology, Naples, Italy

Link [https://drive.google.com/file/d/1\\_GpalkWc0zhRivX8bxqu-3Yv8yyyswAt6/view](https://drive.google.com/file/d/1_GpalkWc0zhRivX8bxqu-3Yv8yyyswAt6/view)

03/07/2023 – 06/07/2023 Brighton, UK

### **18th European Congress of Psychology: Uniting communities for a sustainable world**

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Lenzi, M.; Gaboardi, M.; Curiale, C.; Tubertini, E.; Marinucci, M.; Riva, P. (2023). Making choices: Increased Choice Opportunities is linked with better-Perceived Health among People Experiencing Homelessness. (Conference Oral Presentation). 18th European Congress of Psychology Psychology, Brighton, UK

Link <https://ecp2023.eu/>

24/11/2023 – 25/11/2023 Turin

### **Beyond Genders. Intersectionality between theory and practice. Interdisciplinary gazes**

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Lasagna, C.; Tubertini, E. (2023). The intersection of vulnerability factors within the LGBTI homeless population. (Conference Oral Presentation). Beyond Genders. Intersectionality between theory and practice. Interdisciplinary gazes, Turin, Italy.

Link [https://www.cirsde.unito.it/sites/c555/files/allegatiparagrafo/24-11-2023/book\\_of\\_abstract.pdf](https://www.cirsde.unito.it/sites/c555/files/allegatiparagrafo/24-11-2023/book_of_abstract.pdf)

21/09/2023 – 23/09/2023 Aosta

### **14th SIPCO Conference - Imagining equitable communities, promoting sustainable change**

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Tubertini, E., Foschi, C., Gaboardi, M., Marino, C. Lenzi, M. (2023). Valutazione del benessere nei servizi per persone LGBTQ+ senza dimora: una rassegna sistematica (Conference Oral Presentation). 14th SIPCO Conference - Imagining equitable communities, promoting sustainable change. Aosta, Italy.

03/11/2023 – 03/11/2023 Athens

### **LGBTI+ Healthcare and wellbeing: leaving no one behind**

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Lasagna, C.; Tubertini, E. (2023). The intersection of vulnerability factors within the LGBTI homeless population. (Conference Virtual Ignite Presentation). INSIGHT Project Final Conference. Athens, Greece.

Link <https://lgbtq-insight-project.eu/about-the-conference/>

## ● LANGUAGE SKILLS

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Mother tongue(s): **ITALIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>ENGLISH</b>	C2	C1	C1	C1	C1
<b>DUTCH</b>	B1	B2	B1	B1	B1
<b>FRENCH</b>	B1	B1	A2	A2	A2
<b>SPANISH</b>	B2	B2	B2	B2	B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## ● HONOURS AND AWARDS

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17/05/2024

### **Prize for research work on gender identity and sexual orientation issues to combat discrimination – Comitato Unico di Garanzia - CUG UNIPD**

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The prize is awarded to researchers and Ph.D candidates carrying out research activities on the subject of homophobia, biphobia, transphobia in Universities or Research Institutes. Assessment focuses on scientific articles on gender identity and sexual orientation issues with practical relevance to combat discrimination, published in 2022-2023 in peer-reviewed international scientific journals or in press, in English language.

Link <https://www.unipd.it/en/cug-prize>

25/11/2022

### **Award for outstanding students in the field of gender violence – Regione Lombardia**

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Award received within the projects admitted to the call for 2021/2022 university courses on the topic of gender-based violence. Award received on the International Day for the Elimination of Violence against Women, during the event "Ogni giorno è questo giorno".

Link <https://www.nonseidasola.regione.lombardia.it/wps/portal/site/nonseidasola/DettaglioRedazionale/25-novembre-2022>

10/03/2022

### **Full scholarship to attend the Advanced Training Course in "Preventing and Combating Gender Violence" – Università degli Studi di Milano**

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Full-funded scholarship (€ 400) to attend the Advanced Training Course in Legal Instruments for Preventing and Combating Gender Violence (Milan, 3 months)

12/2022

### **Special Mention - UAAR Graduation Award 2022 – UAAR - Unione degli Atei e degli Agnostici Razionalisti**

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Link <https://www.uaar.it/uaar/premio-laurea-uaar/>

01/11/2020

### **Erasmus+ – Università di Padova - Università di Würzburg**

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Full-funded scholarship: participation free of charge as coordinating tutor of the University of Padua Mentorship project.

Training and activities in English aimed at building digital, intercultural, and transversal competences. Focus on identity, intercultural communication and diversity.

01/09/2020

## "Mille e una Lode" Award – Università di Padova

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"Mille e una Lode" Award (€ 1000) for students ranking in the top 3% of the class, considering the average ECTS and scores gained. Funding used for a curricular internship at Arcigay association (June-September 2021). Sex education, combating gender-based stereotypes and homo-bi-transphobia in high schools. Counselling and support workshops for LGBTQIA+ families. Sexual health promotion, prevention of risky sexual behaviours.

Link <https://www.unipd.it/en/awards>

01/09/2018

## Amnesty International Scholarship – Amnesty International Northern Norway (Tromsø)

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Full-funded scholarship (€ 500) for attending "Amnesty International training course" on human rights

01/08/2018

## Erasmus+ – Università di Bologna

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UiT – The Arctic University of Tromsø. 6 months full scholarship

01/06/2018

## SIPCO Scholarship – Università di Bologna

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Full scholarship (€ 200) for attending the SIPCO conference - Community Psychology (Palermo)

14/04/2023

## Erasmus + – Reach+ Partnership

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REACH+ NETWORK: SUPPORTING LGBT+ YOUNG PEOPLE IN RURAL AREAS

## ● DIGITAL SKILLS

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Zoom | Skype

### Social Media

Instagram | Facebook | LinkedIn | WhatsApp

### Microsoft

Microsoft Word | Microsoft Teams | Microsoft Excel | Microsoft Powerpoint | Microsoft Office | Outlook

### Gsuite

Google Drive | Google Docs | Gmail

### Soft skills

Good listener and communicator | Team-work oriented | Empathic listener

### Organizational skills

Organizational and planning skills | Flexibility

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*I authorize the processing of my personal data, in accordance with Legislative Decree no. 196/2003 as amended by the Decree of adaptation D.Lgs. n. 101/2018 on the basis of Regulation (EU) 2016/679 of April 27, 2016*

Padova , 14/05/2024

*Elena Tubertini*

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